# CHRISTMAS SHOPPING.

THE SURGICAL MANUFACTURING CO., LTD.

Those who are considering the purchase of Christmas gifts should bear in mind that useful presents both for individuals and institutions, can be selected at the establishment of the Surgical Manufacturing Co., Ltd., 83-85, Mortimer Street, London, W. I, and 8, Park Crescent, Glasgow. Private nurses will find it convenient to note that the London premises of this firm are open from 8 a.m. to 10 p.m. every day except Sundays and Bank Holidays.

### HOT WATER BOTTLES.

The very mention of hot water bottles at the present time of cold weather and coal shortage has a comforting sound. Messrs. A. & E. Braid, of 30, Gower Place, Gower Street, W.C. 1, supply some of excellent quality at prices varying from 4s. 6d. to 6s. 3d., the last mentioned being 10 inches by 12 inches in size.

## FURNITURE FOR INFANT WELFARE CENTRES.

Just now, with the opening of many new Infant Welfare Centres, furniture designed to meet the needs of these institutions is in demand. The Medical Supply Association, 167-185, Gray's Inn Road, has a selection which should be in-spected, including a small three-fold screen, a low nursing chair, and the Grevillite Safety Couch, the side of which can be easily let down and the cost of which is only  $f_3$  10s. The firm has branches at Edinburgh, Glasgow, Sheffield, Cardiff, Dublin and Belfast.

## THE TREASURE COT.

A very seasonable gift for an infant is the Treasure Cot, which cannot fail to delight his parents and to be a cosy nest for him. It is obtainable from the Treasure Cot Co., Ltd., 124, Victoria Street, W. 1.

#### HATS.

A new hat is always a desideratum at Christmastide. If you are thinking of purchasing one, do not forget to call at 296, Regent Street, W. 1. MADAME MILLS has a large selection.

#### BOOKS.

Books are always welcome gifts for nurses and a variety are to be obtained from well-known firms.

MESSRS. CHARLES GRIFFIN & Co., LTD. The well-known "Manual of Nursing," by Laurence Humphry, M.A., M.D., now in its 38th edition, published by MESSRS. CHARLES GRIFTIN & Co., LTD., Exeter Street, Strand, W.C. 2, is always a popular gift for nurses, and "Midwifery," by Dr. Archibald Donald, with new and officially drawn illustrations, is likewise appreciated.

# MESSRS. H. K. LEWIS & Co.

"The Theory and Practice of Massage," by Miss Beatrice M. G. Copestake, the revised edition of which contains a new chapter on the After Treatment of War Injuries, "The Child's Diet," by Mr. J. Sadler Curgenven, and many other

books supplied by Messrs. H. & K. Lewis, 136, Gower Street, W.C., would be gifts whose usefulness would endure.

MESSRS. G. P. PUTNAM'S SONS, LTD.

The house of Putnam's, 24, Bedford Street, Strand, W.C. 2, is well known to nurses, first because it publishes "A History of Nursing," by Professor Adelaide Nutting, R.N, and Miss L. L. Dock, R.N.-a classic which no nurse, or nurse in training, should be without, for without it she cannot possess adequate knowledge as to the foundations upon which her profession rests. The firm also publishes a number of useful books on nursing and other subjects by both American and English authors.

## AND COMFORTS FOR INVALIDS, MOTHERS, AND INFANTS. FOODS

## ALLENBURYS MILK COCOA.

The preparations of Messrs. Allen & Hanburys, Ltd., 37, Lombard Street, E.C. 3, are of one quality only—the best. We commend to notice their Allenburys Milk Cocoa (Pancreatised). It possesses the great advantage, in these days of milk shortage, that it only needs the addition of boiling water to make a delicious beverage, suitable alike to patient and nurse and appreciated by both.

## SANATOGEN CHOCOLATE.

It is now generally known that the British purchasers of the Sanatogen Company are GENA-TOSAN, LTD., 12, Chenies Street, W.C. 1, and that Sanatogen is the genuine, original tonic food, organically combining casein and phosphorus in a way that both are fully and easily assimilated. It follows that Sanatogen Chocolate, in which Pascall's pure chocolate is skilfully mixed with Sanatogen, is a body-building nutrient of high value, as well as a delicious confection.

## BENGER'S FOOD.

A food which has a long established and deserved reputation for use in the feeding of infants and invalids is Benger's Food, supplied by BENGER's FOOD, LTD., Otto Works, Manchester. It is a farinaceous food prepared with new milk, and owing to the natural digestive principles which it contains, it is particularly easy of digestion, as well as nutritious. As an alternative diet in maternity cases, midwives and nurses will find it most useful, acceptable, and satisfactory. It is easily prepared, and can be cordially recom-mended.

## CADBURY'S SPECIALITIES.

A gift which cannot fail to please is a selection of the specialities of Messrs. Cadbury Bros., of Bournville fame, whether their dainty confectionery, or the more homely but indispensable varieties of cocoa. Such a box recently reached us containing an assortment of Cadbury's Breakfast Chocolate, Cadbury's Cocoa, Bournville Cocoa, and of sweetmeats, Cadbury's Dairy Milk Chocolate and Bournville Chocolate, as well as a box of assorted confectionery. We commend them all.

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